Getting started in Toastmasters

First meeting with Mentor (ASAP after joining):

- Meet with Mentor and discuss: your goals/reasons for joining, parts of the meeting, and roles in a meeting. Review completed New Member Profile Sheet.
- Review overall TM Pathways program and terminology (Projects, Levels, Paths, Base Camp)
- Learn how to sign up for meeting roles (See "Easy Speak Quick Guide")
- Login to toastmasters.org to register in and learn Pathways (See "Pathways Base Camp User Guide", referenced in Helpful Websites and Links)
- Get Mentor help with Ice Breaker Project

Second meeting with Mentor:

- Discuss resources available (Pathways information on Easy Speak and TI Website, TM magazine, Club Officers, TI and Club website)
- Review Toastmasters Promise (on application) and member commitments
- Receive mentor feedback on roles performed
- Discuss next speech project(s) and meeting roles

Future Mentor meeting discussions:

- The Toastmasters organization
- Further growth opportunities in Pathways
- Club Leadership opportunities
- Speech Contests
- District Conferences
- District Leadership opportunities

Suggestions for getting actively and quickly engaged in both Leadership and Communication through club meetings:

Step 1: Be a Timer, or AH Counter/Grammarian – required for Level 1
Step 2: Pathways Level 1, Project #1 – "Ice Breaker"
Step 3: Be a Table Topic Speaker – required for Level 1
Step 4: Pathways Level 1, Project #2 – "Writing a Speech with Purpose"
Step 5: Be a Grammarian – can be credit for Level 2
Step 6: Pathways Level 1, Project #3 – "Introduction to Vocal Variety and Body Language"
Step 7: Be a Table Topic Master – can be credit for Level 2
Step 8: Pathways Level 1, Project #4 – "Evaluation and Feedback"
Step 9: Be an Evaluator – required for Level 1, as part of Evaluation and Feedback project
NOTE: Be sure to update Base Camp with progress. Once Level is completed, submit request for approval in Base Camp

Continue with additional speeches and additional meeting roles, as required for the selected Path

Celebrate success by achieving recognition at various Levels in Pathways.
Complete a Path by completing 5 Levels in a Path

Revised 15 November 2026